

## **Dragon Sport Hockey** KeepScore

## Let's play

- 4v4 in a small square 'aarden'
- Each team has 3 'outfield' players and 1 'goalkeeper'
- Set up a goal at either end for the goalkeepers to guard, and put two goals on each side-line
- Game starts with a pass from centre spot. Try to score a goal against the other team's goalkeeper for one point

- Goalkeepers can kick the ball to score in one of the side-line aoals for 2 points
- Goalkeepers can use their sticks and can kick the ball. but outfield players can only use their sticks
- Decide as a group how often you should rotate positions e.g. after every score, after 5 points etc.
- Add in your own rules as you are playing - if you don't think something was fair, stop the game and talk to your team mates and the other team to decide what to do next time it happens





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