

As they apply their skills

Dragon Egg Hunt

Activity Card

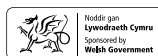


Let's play

- Make an obstacle course using any appropriate equipment available
- Hide objects around the course
- In teams of 4 complete the course as a staggered relay (like the 100m relay) collecting as many objects as possible



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Dragon Egg Hunt

Key words

Run, walk, crawl, crawling soldier, jump, balance, climb, swing, push etc.

Under, over, along, through, off, on, across, behind, in between, in front, etc.

Resources

Equipment to make a course: agility tables, parachutes, tyres, benches, hoops, stepping stones, bouldering walls, balance cones, skipping ropes, fit-balls, throw-down markers, etc. Consider using a local park or forest trail

Safety & Organisation

Ensure:

- everyone knows how to complete the course safely
- make necessary arrangements if going to a new location
- zones for less ambulant or wheelchair users as appropriate

Opportunities to:

- sustain activity over appropriate periods of time
- begin to take more responsibility and begin to understand associated risks
- cooperate in solving problems when working with others
- start to ask relevant questions in order to improve and make progress
- work as a team
- develop observation skills

Questions

- Which part of the course did you enjoy most?
- Which part of the course did you find most difficult?
- What could you practise to help you complete the course more easily?
- What did you do to make sure your team worked well together?
- What could you do as a team to work together more effectively next time?
- If you could change the course, what would you change and why?

Changes to the activity

Change the:

Space

- order of the course, add new features, repeat some sections

Task

- the relay to a central start (like 400m relay)
- the way the participants have to travel and the direction they travel in
- point system for objects, consider a secret points system

Equipment

- bigger, smaller, lower, higher, wider, narrower, longer, etc.

People

- section of the course they complete, allow participants to choose which section they complete
- complete in pairs or fours, connected in some way ensuring safety

