

Let's 'Play to Learn'

Encourage the children to:

• Dress up as aliens

- roll a ball into the 'keep it zone', pick the ball up and run into the 'scoring zone'. then roll/underarm throw a ball to hit a large target/ goal. Return to the 'keep it zone' and repeat
- · Roll/throw a ball in the 'keep it zone', run to collect/pick up the ball move into the 'scoring zone', then throw underarm accurately for a more able child or a practitioner to catch
- Set targets for how many 'goals' they can score in three attempts/30 seconds
- Record their attempts with support using a simple scoring system
- Play beat the clock or beat their previous score

Key words

- · control. coordination
- roll, throw, 'goes', attempts
- 'keep it zone', 'scoring zone', spatial awareness
- target, hit, miss, goal, score send

Creature Chaos



Opportunities to:

- develop increasing control over large body movements
- recognise and use different pieces of equipment
- follow simple rules of a game

Resources

- Throw-down markers/chalk markings
- Bean bags/soft tous
- Wide variety of balls, including 'Fit' balls
- Quoits
- Balloons
- Hoops
- · Large targets, parachutes, walls, etc
- · Alien costumes, masks, etc.
- Garden divided into two halves 'keep it zone' and a 'scoring zone'

Questions

- What are you looking at as you roll the ball?
- Which 'goal' is the easiest to hit?
- How do you know when you are in the 'scoring zone'?
- What happens when you play 'beat the clock'?

Safety & organisation Ensure:

- the surface is clean and free from obstructions
- costumes do not restrict children's movements or vision









Can you see the child?

Developing increasing control over large body movements
Recognising and using different pieces of equipment
Following simple rules of a game



most of the time

Encourage the child to:

- practise rolling and throwing refer to Technical Skills Cards
- play in separate 'gardens' initially
- discuss which targets might be easiest to hit before they start
- work with a partner to help one another

Encourage the:

- aim at smaller targets
- complete a slalom course in the 'keep it zone' before they enter the 'scoring zone'
- compete against another child in adjacent 'gardens'

Rich opportunities

- KUofW: Time and people measure time using simple measuring devices and clocks
- MD: Handling data collect, represent and interpret data